



Occupational Therapy

Our Occupational Therapy Team are here to help make your daily life easier. This includes taking care of yourself, helping you meet your goals, and focus on what matters to you.

This can be through:

- Anxiety and fatigue management
- Creative and nature therapy
- Memory-making
- Equipment assessment



How to access Occupational Therapy:

All sessions are held at St Luke's on Little Common Lane. If you're interested, please speak to a member of the St Luke's Clinical Team, who can arrange a referral for you.