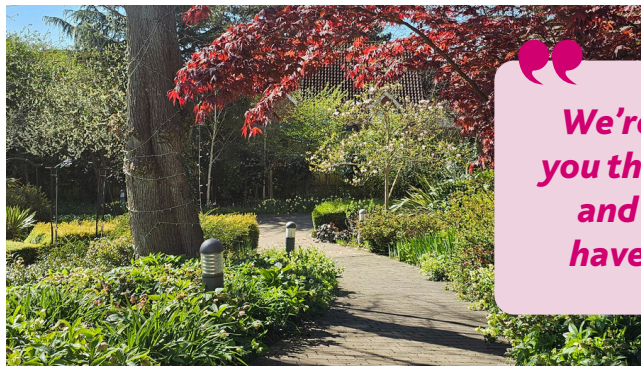


Counselling Service

For adults, children and young people



We're here to support you through illness, loss and grief. You don't have to face it alone.

What we offer

- One-to-one counselling
- Bereavement group support
- Play and creative therapy for children and young people

Why it helps

- A safe space to talk and be heard
- Support to manage feelings of sadness, worry, anger and more
- Build coping skills and resilience

Practical information

- Free and confidential support
- For patients, families, carers, children and young people. Whose loved one received support from St Luke's Hospice
- You can self-refer by talking to a member of the team or by visiting www.stlukeshospice.org.uk/bereavement

T: 0114 236 9911
E: info@hospicesheffield.co.uk
W: www.stlukeshospice.org.uk

St Luke's
Little Common Lane
Sheffield, S11 9NE

If you need urgent help, call Samaritans 116 123

Registered Charity No. 254402
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