



Sheffield's Hospice

VOLUNTEER TASK PROFILE

Volunteer Position: Complementary Therapist Volunteer
Volunteer Lead: Head of Wellbeing Services

Introduction

St Luke's is Sheffield's Hospice, with a vision to support and care for everyone affected by terminal illness in Sheffield. We are a community organisation which means that everything we do is focused on helping people in their own communities as well as at our Little Common Lane site and our new, adjoining site at Clifford House on Ecclesall Road South. Our shops are all based in the heart of communities across the city, as are our amazing volunteers and we couldn't do what we do without them.

Our Wellbeing Team are currently looking for Complimentary Therapist Volunteers who are able to offer 3/4 hrs per week depending on availability between 10.00 am to 3pm to join the team offering relaxation and wellbeing to our clients and patients.

The Complementary Therapist patient centred Volunteer must be a minimum of 18 years old, they will complete a four to six week induction within the wellbeing department supervised by an assigned member of the wellbeing team. This induction will include: Completing Wellbeing work-book, policies and procedures, assessment from mentor, practical applications of all techniques going to be covered with patients, pro-forma and reflective practice.

The Complementary Therapist Patient centred volunteer should also be able to demonstrate compassion and communicate in a friendly manner. It is important in this role that the individual should be non-judgmental and demonstrate excellent listening skills, whilst being able to take instruction and being aware of the clinical and patient boundaries.

It is a requirement of St Luke's Hospice that the Complementary Therapist Volunteer should be a member of the relevant professional body and have the necessary qualifications to practice Aromatherapy (L3) and or Massage (L3) and or Reflexology and or Reiki (L2). Recognised examination boards for this qualification include: International Therapy Examination Centre (ITEC) and Vocational Training Charitable Trust (VTCT) or equivalent.

We do require you to assist in:

- delivering therapies competently, safely and appropriately whilst being aware of contra-indications or precautions and adapting treatments accordingly
- recognising limitations and refer them to the assigned member of the Wellbeing Team
- feedback relevant information to the assigned member of the Wellbeing Team
- report concerns incidents or accidents to the assigned member of the Wellbeing Team
- support and encourage harmonious internal and external relationships
- Support across both sites – Clifford House initially

We do not require you to assist in:

- patient mobilisation
- patient care – (personal requirements and assistance)
- assisting with medication
- counselling patients
- discussing patients' personal details/information on the telephone or in person

- Order or purchase stock.
- Record treatments in patient's notes

General

Complementary Therapist Volunteers are asked to:

- Be dressed in uniform and display the identification badge at all times
- Have a current enhanced DBS (ex CRB) generated by St Luke's Hospice
- Abide by the Health & Safety at Work Act
- Attend relevant training
- Attend Health & Safety and Infection Control training
- Respect confidentiality applying to all Hospice areas
- Adhere to Hospice policies and procedures
- Comply with the Hospice no smoking policy
- Participate in and contribute to team meetings (if applicable)
- Co-operate and liaise with departmental colleagues.