



Who we are,  
what we do and  
how you can help .



## WHO WE ARE

We are St Luke's, Sheffield's Hospice and we provide palliative and end of life care to nearly 1,800 people across Sheffield each year, whilst also supporting their families and carers too.

We're here for people aged 18 and over from across the Sheffield region, at all stages of life from the point of diagnosis with a terminal illness, be that end stage neurological, heart, kidney or lung conditions, cancer, HIV, dementia or another illness. We also partner with, and train other organisations, both within Sheffield and beyond, to share our support and knowledge with others, for better end of life care for all.

St Luke's is here for Sheffield, thanks to Sheffield. We provide care to patients free of charge, when they need it most. And although we receive about a quarter of our funding from government, we need to raise around £10.5m per annum from the people of Sheffield and local businesses each year to keep us going.

Please read on to learn more about what we do in case you ever need us, you know someone who does, or in case you'd like to support us and the work we do.

### DID YOU KNOW?

We serve Sheffield people who need us most, regardless of cultural background or postcode and despite our name, we have no religious affiliation. We're here for people of all faiths and none.

## SCOTT'S STORY

Scott Winwood, 47, first experienced our support after receiving a diagnosis of multiple sclerosis (MS). Twenty years after his diagnosis, he's continuing to live independently thanks to the care and support from our Community team, visiting Scott at home and from our Patient & Family Support team, offering social, wellbeing and practical advice and activities.



"I wouldn't be able to live a fulfilling life as I do without St Luke's help. Their support enables me to be able to still smile at the world and see hope."

## WHAT WE DO

**Our care and support can begin from the point of diagnosis with a terminal illness.**

Through supporting patients in their own homes where they often feel most comfortable, providing 24-hour intensive palliative care on our In Patient Centre, or supporting someone with tailored therapies, support or advice, we care for people, not just a condition. We provide holistic, tailored care and support that is unique to each person and their families or carers.

Last year, 88% of the people we cared for were supported in their own home or care home by our Specialist Palliative Care Community team, who operate 7 days a week, 365 days a year.

This team works with district nurses, GPs and social workers to deliver wrap around care to support patients throughout their illness, improve their quality of life, relief from symptoms, and often helping to avoid hospital admissions. We support our patients to have flexible choices about where they are looked after, including enabling some to die at home, if that is their preference.

Our In Patient Centre provides round the clock tailored care, from a multidisciplinary team of experienced specialist doctors, nurses, occupational and physiotherapists. Around a quarter of patients who arrive at our In Patient Centre are discharged home shortly afterwards.

### DID YOU KNOW?

We have a social work team that support people each year with practical interventions and advice – from applying for benefits to working with schools to support bereaved children.

Our teams work with patients to manage their symptoms and reduce pain to help them to stay at home with our ongoing support.

Patients are people before they are anything else, so our Patient & Family Support team listen to them to understand their goals and wishes, and help them to achieve them – whether that is someone wanting to live as independently for as long as possible, marrying a loved one or feeling strong enough to climb the stairs. Patients can access physio and occupational therapy, wellbeing and creative therapies, social work and chaplaincy or spiritual support for all faiths and none.

Families and friends play a valuable role in a patient's care, so we also provide dedicated support for loved ones too through social, spiritual and bereavement support.

## KIRK'S STORY

Kirk Briddon's brother, Tyrone, was cared for by St Luke's after being diagnosed with cancer and died in 2019 at just 42 years old.

"When Ty first got to St Luke's, the doctor asked him what he wanted to happen. He told them he wanted to get strong enough to go home, so that's what they did.

The staff would come in for a chat and they really got to know him. Whatever you needed, you could ask for. St Luke's allowed us the time and space to be with him. It wasn't just about my brother – the support for the whole family went above and beyond anything we could have ever expected."



## HOW YOU CAN HELP

**We're here for the people of Sheffield because they're here for us.**

This year it will cost £14m for St Luke's to carry on providing the care needed by patients and families in Sheffield. We need to raise £10.5m of this through the kindness and support of people and businesses across the city and local communities. We also need the help of many volunteers to raise this money and to deliver our services.

We value every donation we receive and pride ourselves on making it go as far as possible. For every £1 we spend on fundraising, we receive almost £3.23 back in donations, and 70p out of every £1 we spend goes directly on patient care costs.

**"I donate each month because I would do anything to allow other people to have what we had, at a time when I don't know what we would have done without them."**

Vikki, whose husband Tim was cared for by St Luke's

If you would like to be a part of the difference we make, there are lots of ways you can get involved:

- **Shop in our charity shops**
- **Give a monthly or one-off donation**
- **Play our lottery**
- **Leave a gift in your will to St Luke's**
- **Join us at our next fundraising event**
- **Local businesses can support with fundraising, event sponsorship and corporate volunteering**
- **Donate your pre-loved items to help our charity shops raise money for our patient care. Don't forget to sign up to Gift Aid so we can claim an extra 25%**
- **Donate your time – we offer lots of different volunteering roles and welcome both one-off and regular volunteers**
- **Share your story – if you or someone close to you has experienced our care, sharing your story can help us to motivate other supporters**

Scan the QR code below to visit [www.stlukeshospice.org.uk](http://www.stlukeshospice.org.uk) for more information, or give us a call on 0114 236 9911.



ON BEHALF OF ST LUKE'S AND  
THOSE WE HELP, THANK YOU  
TO EVERYONE WHO MAKES  
OUR CARE POSSIBLE.



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